

HEALTH AND HYGIENE CLUB 2023 - 2024

ANNUAL REPORT

The Activity of the Health and Hygiene Club has started with the election of the office bearers on 17.7.2023 [Through online mode] Selvi N. Deepika <sup>III</sup> B.A Economics and Selvi. S. Vasunthra <sup>III</sup> B.com Aided were elected as the Secretary and Joint Secretary of the Club

Deworm tablets 1st dose and 2nd dose were distributed to Undergraduates and PG Graduate Students in our College Campus on 29.6.2023 and 09.02.2024 by the Club members through the Urban Primary Health Centre, Udomalpet. 1625 students and 140 faculties and 43 non-teaching staff were benefitted through this activity.

Every week Thursday I Health and Hygiene Club distributed the Iron tablets to the students at the age of 18 & above, teaching <sup>faculties</sup> & non-teaching staff. More than 1625 students and 122 faculties and 61 non-teaching staff were benefitted.

Every six month once, Health and Hygiene Club distributed the Bio-degradable pouch to all the students & teaching faculty and non-teaching staff.

Health and Hygiene Club organized the awareness programme on Anaemia and its effects on Adolescents Health on 08.09.2023. The Resource Person Dr. M.K. Agarudin MBBS delivered

the speech in an explicit manner about Health Hygiene.

Health and Hygiene Club Conducted the special talk on Discard Fears and Conquer Fear on 24.1.2024. The Resource person Dr. S.R. Senthikumar highlighted the importance of the herbal treatment.

Convenor  
M.C. Lilt

B.M. S



Principal

T. Lakshmi

PRINCIPAL i/c  
SRI GVG VISALAKSHI COLLEGE  
FOR WOMEN (AUTONOMOUS)  
VENKATESA MILLS (POST),  
UDUMALPET - 642 128.